

BOTOX

An exciting non-surgical approach to the treatment of facial wrinkles has recently emerged. The product, known as Botox, is a purified toxin that is naturally produced by the bacteria *clostridium botulinum*. Botox has been used by ophthalmologists and neurologists since 1980 to treat conditions such as crossed eyes and eye spasms. Botox has now been FDA approved for cosmetic use to treat the muscles used for facial expression. Botox works by causing weakness or paralysis of specific facial muscles when minute amounts of the toxin are injected into them. The resulting weakness forces these muscles to relax causing facial wrinkles to become less deep or even disappear.

For those men and women who have frown lines between the eyebrows, "crow's feet" around the eyes or deep forehead furrows, this procedure is ideal. This is a simple procedure and takes approximately 15 minutes. While the patient is seated upright, a small needle is used to inject the Botox directly into the areas being treated. Discomfort is minimal and brief. Ice or local anesthetic may be used to minimize discomfort. Patients must remain upright for 4 hours after the procedure, must avoid touching the treated areas and must actively use the muscles during the following hour. It takes a few days after the treatment for the Botox to take its full effect on the facial muscles.

Botox treatment is not permanent and usually needs to be repeated in about 3-6 months. The effect generally lasts longer with each repeat injection.

Botox has an excellent safety profile. A few uncommon side effects can occur, including mild stinging during injection, bruising, *temporary* drooping of the eyelid (1-2% of patients) that lasts a few weeks, or no response to the treatment.

Botox cannot be given to women who are pregnant or breastfeeding or to patients with certain neurological diseases.

Botox is safe, has few side effects, rapid recovery, with no down time.

AESTHETICA

BOTOX INJECTION TREATMENT CONSENT FORM

Botox has been FDA approved since 1989 for the treatment of facial muscle responses that result in crossed eyes and persistent twitching of the eyelids. In addition Botox has now been FDA approved for the cosmetic treatment of glabella (frown lines) wrinkles. The existence of wrinkles can be produced by over-active facial muscles, which can occur above the nose, around the eyes and brow area. The injection of medication into those areas can cause them to be temporarily weakened, thereby improving the appearance of wrinkles. This is known as cosmetic denervation.

Successfully treated wrinkles include frown lines, crow's feet, and expression lines due to muscle activity. This treatment does not eliminate wrinkles due to loose or sagging skin.

The results are noticeable within 3 - 5 days, yet it takes up to 2 weeks before the effects of the treatment are fully realized. The treatment is effective for 3 - 6 months. If desired, the procedure may be repeated. There may need to be more than one treatment for the achievement of full results.

Possible side effects:

1. A burning or stinging sensation may occur at the time of treatment.
2. Bruising may occur at the injection site. Products such as aspirin and ibuprofen increase the likelihood of bruising.
3. Mild swelling may occur at the injection site for a few days.
4. In rare instances a temporary drooping of the eyelids or eyebrows has occurred (1-2%).
5. Very rarely asymmetry (one side different from the other) may occur.
6. Temporary headache or flu like syndrome may occur. In some patients tension headaches have regressed or disappeared completely after treatment.
7. Infection and scarring are unlikely complications.
8. The affected area(s) may not respond to treatment.

This treatment cannot be given if you are pregnant, breast feeding, taking blood thinners, or have any neurological diseases such as multiple sclerosis or myasthenia gravis. If you are trying to conceive Botox should not be injected 3 months prior to conception. If you are taking gentamycin, tobramycin, spectinomycin, neomycin, kanamycin or amikacin, Botox cannot be injected.

Following the post-treatment instructions is of absolute importance to get the best results and prevent unwanted side effects. Please read them carefully.

I consent to have my photographs taken and understand that they may be used for teaching, demonstration or documentation purposes. _____

I have read all of the above material and have had time to ask questions regarding this information. I agree to be treated by Dr. Bianca. I understand that no guarantee has been made.

Patient Signature

Date

Witness Signature

Date

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BOTOX POST-TREATMENT INSTRUCTIONS

FOLLOWING THE POST-TREATMENT INSTRUCTIONS IS OF ABSOLUTE IMPORTANCE TO OBTAIN THE BEST RESULTS FROM YOUR TREATMENT AND TO PREVENT UNWANTED SIDE EFFECTS.

1. Remain upright (no naps!) for 4 hours after the procedure.
2. Do not touch the treated area for 4 hours after the procedure. Touching the treated area may lead to unwanted side effects.
3. Actively use the treated muscle groups (frown, squint, or smile) for 1 hour after the procedure. This will help the Botox bind to the desired area and enhance the results.
4. The Botox does not take effect immediately. It will take several days to 2 weeks to see the results. If it has not worked in 2 weeks, please contact our office at that time. We cannot touch up the area for 4 weeks from the original treatment date.
5. If you have any questions or concerns please contact the office - 903-757-5220.