

Aesthetica

Accent Elite and Accent XL Informed Consent

Accent is a multi-purpose radio-frequency device for treatment of wrinkles, skin tightening and body contouring. The Accent delivers bipolar and unipolar radio frequency to the dermis and subcutaneous tissue. This causes an immediate contraction of the collagen fibers followed by a gradual tightening over time.

Restrictions (Please circle any conditions that apply):

Chronic Skin Condition
History of Cancer
Large dental implants
Pacemaker
Past or Present Autoimmune Disease
Phlebitis (Blood Clotting)
Pregnancy
Recent Surgery
Uncontrolled Diabetes
Uncontrolled Hypertension

Medications (Please circle any that apply):

Accutane (taken within the last 6 months)
Dermal Fillers (less than 1 month)
Hormone Pellets

Side Effects

I understand that there is a possibility of rare side effects including:

Reddening: Treatment may cause a reddening of the area. The reddening will usually go away in one to two hours after the treatment. In some instances it can persist for several weeks.

Swelling: Swelling may occur; this ordinarily lasts only 3 – 5 days.

Bruising: This is very uncommon and is temporary if it occurs.

Pigment Changes: Temporary hyperpigmentation (darkening) or hypopigmentation (lightening) of the skin may occur. The chance of hyperpigmentation may be minimized by the use of sunscreen for 3 weeks after treatment. Hyperpigmentation usually fades in 3 to 6 months; rarely there may be a permanent change in pigmentation. Hypopigmentation may also occur, but this is a very uncommon side effect.

Blistering, Burns, Scabbing: Because this procedure produces heating in the upper layers of the skin mild burns or blisters may occasionally occur. A scab may develop over the blister. Blistering and scabbing disappears over 5 to 10 days.

Infection: This is rare following treatment if proper care is taken after the procedure.

Scarring: There is a very slight chance of scarring because of the heat delivered to the skin. Scars could be slightly raised or depressed.

Surface Irregularities: Very rarely surface irregularities may occur; these appear as small dents in the surface of the skin, ridging, or waffle patterns.

Altered Sensation: There may be altered sensation, permanent or transient nerve damage at the treatment site. However, this is extremely unlikely.

I am aware that other rare unexpected risks or complications may occur.

I understand the possible side effects and my questions about them have been answered. _____

Treatment Results

Because all individuals are different, it is not possible to completely predict results. Some patients will have dramatic results, some will have moderate results, and some may have little or no improvement. The staff at Aesthetica has tried to predict as carefully as possible the results you will achieve, but no absolute assurance can be made. Multiple treatments are required and there is no guarantee that the wrinkles will be completely removed. Due to the nature of this treatment, an exact result cannot be predicted and I acknowledge that no guarantees have been made to me as to the results that may be obtained. I also understand that there are other treatments available for treatment of wrinkles. _____

Pre-treatment and post treatment photographs will be obtained. I agree that any photographs taken may be used for medical publication or teaching purposes for medical, paramedical, or lay persons. I understand that the release of this information will be kept confidential and that my name will not be released. _____

I certify that I have read this entire consent form that all of my questions have been answered, and I understand and agree to the information provided above. I consent to and authorize Dr. Joseph Bianca and members of his staff to perform Accent treatments.

Patient Signature or Legal Guardian

Date

Witness

Date

Aesthetica

Accent XL Post Treatment Instructions

- Drink 2 glasses of water immediately after the treatment.
- For the next 3 days drink a lot of water: 8 – 10 glasses daily.
- Do not wash your face with hot water for 24 hours after treatment.
- Avoid excessive exercise, sweating, hot baths or saunas for 3 days after the treatment.
- Avoid consumption of alcoholic drinks for 3 days after the treatment (alcohol might drain water from the body and skin).
- To best maintain treatment results, it is highly recommended to apply a moisturizing cream to the treatment area every day.
- For facial treatments – sun screen should be applied daily.
- Make-up can be applied 2 hours after the treatment.